

## EDUCATION

**Doctorate in Clinical Psychology** - California School of Professional Psychology; Los Angeles, CA – June 1996

- Doctoral Project – Sources of Stress and Methods of Coping of Collegiate Student Athletes

**Bachelor of Arts – Psychology** - University of California Los Angeles; June 1992

## PROFESSIONAL TRAINING - TOPICS OFFERED

- Mental Health Needs of Former Foster Youth in Higher Education
- Permanency and Loss for Youth in the Child Welfare System
- Coping with Secondary Trauma / Self-Care for the Caring Professional
- The Art of Group Facilitation
- Integrating Mental Health and Child Welfare Services
- Secondary Trauma / Improving Workplace Performance and Experience
- Grief and Loss Across the Lifespan
- Dealing with Oppositional Defiant Behavior – Looking Beyond What You See
- Additional curriculum developed upon request

## SKILLS

- Professional Training, Public Speaking, Consultation and Coaching
- Program Development, Implementation and Evaluation
- Assessment, Coordination and Provision of Comprehensive Mental Health Services
- Individual, Group and Family Psychotherapy

## PROFESSIONAL HISTORY

**Clinical Psychologist** – County of Orange Health Care Agency – Orange, CA; October 1999 – Present

- Individual, Group and Family Psychotherapy; Crisis Mental Health Assessment; Intensive Case Management
- Design, Implementation and Evaluation of Integrated Mental Health and Child Welfare Services Projects
- Member – California Permanency Sustainability Workgroup
- Panelist – “Help Me Grow” KOCE TV – Channel 56 and UCLA “Careers with Children”
- California Independent Living Program Breakthrough Collaborative Series
- Southern CA Youth Permanency Collaborative and Orange County CA Permanency for Youth Project

**Author** – Chapter written in [Darla Henry: The 3-5-7 Model: A Practice Approach to Permanency](#); Co-author: Integrating Child Welfare and Mental Health Practices: Actualizing Youth Permanency Using the 3-5-7 Model – [American Humane Association: Protecting Children Journal](#) - June 2011

**Member** – American Psychological Association; California Psychological Association

**Board of Directors** – Youth In Mind: Inspiring Youth Leadership and Advocacy in Mental Health; January 2009 – Present

**Clinical Case Manager** – BehavioralCare - Irvine, CA; April 1998 – October 1999

- Review Psychiatric Disability Insurance Claims and consult on mental health treatment plans

**Registered Psychologist** – The H.E.L.P Group – Sherman Oaks, CA; June 1996 – April 1998

- Consultation; Crisis Mental Health Assessment; Individual, group and family therapy; Case Management
- Design, Implementation and Evaluation of Mental Health Services Project

**Faculty** - Brandman Univ. – Dept of Psychology – March 2011 to present; Univ. of Redlands Graduate School of Education – April 2010 to present; Univ. of Phoenix - College of Social and Behavioral Sciences: Feb 2009 – Jan 2011